



SONS IN RETIREMENT LAKE OF THE PINES BRANCH 170



VOLUME 9

OCTOBER 2017



NEXT MEETING

NOV 1, 2017

12 NOON

BIG SIR JIM GOETSCH

At the October Meeting, we had a presentation from **Dr. Kevin Maxwell**, who spoke on the “3 D’s: Depression, Dementia & Diabetes.” His presentation was very well received, with a number of questions following the presentation that he was happy to answer.

At that meeting we also awarded Senior SIR awards to **Art Kusnick** and **Phil Frank** for reaching the magic age of 90 years old. Phil has been a member of our chapter for over 20 years and was our correspondent for the **LOP News** each month for several years, as he described our functions to the rest of LOP.

We are still offering a free luncheon to SIR members who bring in a new member. That offer may not be in place next year; so, do what you can to bring in a new member for our November meeting, November 1st.

We have started planning for the SIR Christmas Dinner/Dance that will be held on Wednesday evening, December 6th, 2017. Please submit your desire to attend that function (with your significant other) to our Secretary, **Hal Hawthorne**. We will have the same band as last year, Mad Dash, which has been extremely popular in previous years. Be sure to make reservations as soon as possible.

As always, I can be reached at 278-3205 or jimgoetsch@hotmail.com if you have any questions or concerns related to our SIR Chapter 170.



HONORARY LIFETIME MEMBERS

STEVE MICHALAK
JOHN BREWER
LARRY SHELLEY

SUPER SENIOR SIR BILL HAGIN

SENIOR SIR MEMBERS
BILL SWENSON AL JOSE
DON BARNETT CHUCK MERCER
PHIL FRANK ART KUSNICK

LITTLE SIR BOB CHAN

Greetings! Fall is here with the daylight hours growing shorter and temperature dropping to a very comfortable level. The trees are beginning to change to their beautiful fall colors. We are truly blessed to live in such a beautiful environment.

The training sessions for all 2018 Branch Officers, RAMP Chairs, Nominating and Membership Chairs have been scheduled: (NOTE: There are 2 sites this year, so you have a choice on the dates and locations.

Select one

October 18, 2017
Carmichael Elks Lodge
5631 Cypress Avenue
Carmichael, CA

or

October 20, 2017
Chico Elks Lodge
1705 Manzanita Avenue
Chico, CA

Morning Sessions are at 0900 for Big SIR, Little SIR, Treasurer, Secretary and Membership Chair. Afternoon Sessions are at 1 PM for: RAMP Chair and Nominating Chair.

I recommend car-pooling. These sessions are useful for orientation and indoctrination regarding our duties and responsibilities for our respective offices. I highly recommend our newly elected officers attend if they are not familiar with their duties.

At our October luncheon, we had an informative, but short presentation, on the "3Ds" (Depression, Dementia, and Diabetes) by our speaker, Kevin Maxwell, M.D.. Many of our members have had some experience with one or more of the "3Ds" either personally or a close family member. Our last speaker of this calendar year will be Robert Welti, PhD. His career spans over fifty years in aerospace and software systems. The topic of his presentation will be "Space Control". He is an Honorary Life Member of SIR Lake Wildwood Branch. Please plan to attend this luncheon. Until then, stay well.



MEMBERSHIP PHIL JONES



MEMBERS
157

NEW MEMBERS
0

INACTIVE MEMBERS
5

GUESTS
3

FREE LUNCH WINNERS FOR NOVEMBER

Terry Eberhardt

George Sifri

Free Wine Winners in October

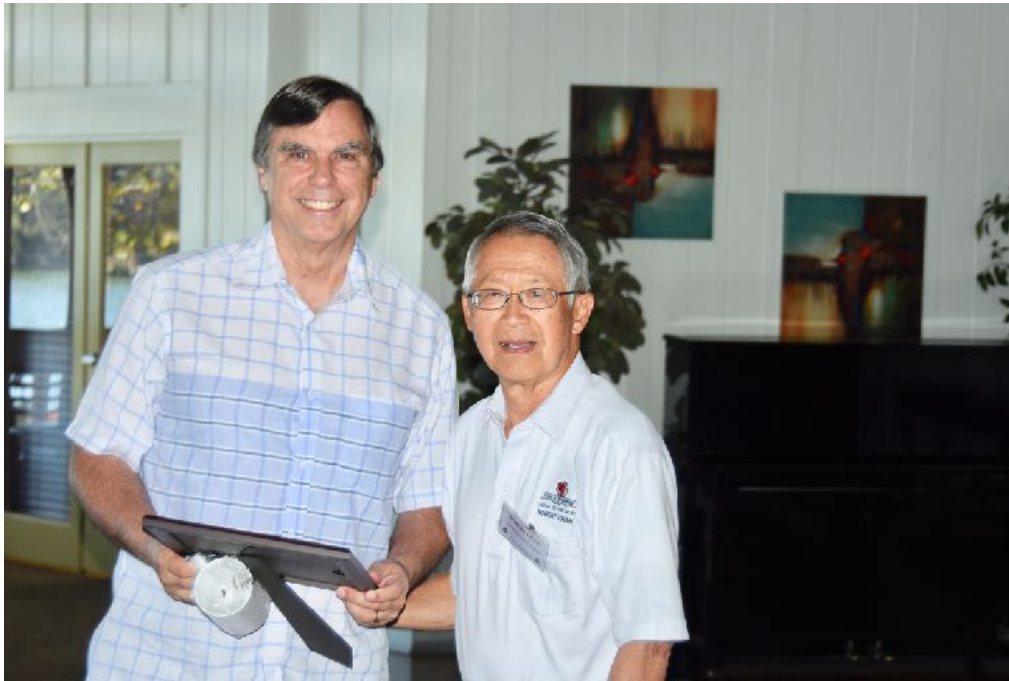
Kermit Jacobson

Art Kusnick

Dave Kimbrue

Coy Powell

OCTOBER LUNCHEON



**Guest Speaker Dr Kevin Maxwell
with Bob
Chan**



**NEW SENIOR SIRS
ART KUSNICK AND PHIL FRANK
WITH JIM GOETSCH**

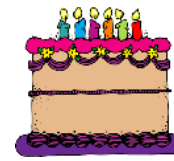


**TIMBER CREEK WINNERS
RON WOLYN, TOM WRIGHT,
JERRY LANGSETH AND DON STEVENS**



Richard Green, Past President of Branch 170 SIR at LOP, received a Special Presidential Recognition Award at a ceremony held at the LOP Sports Lounge on Friday, Oct 6, 2017. He was recognized for his outstanding leadership and was instrumental in increased membership to Branch 170 during his tenure. In addition, he was an active member of Sons in Retirement for 30 years.

TRAVEL OPPORTUNITIES TERRY EBERHARDT



NOVEMBER BIRTHDAYS

DAN BARBEE BILL BELDING

JIM GUNN HAL HAWTHORNE

FRANK NOLE ROGER POPE

BOB ROUSE JIM SHIRO

CHARLIE SUNDBLOM

The SIR Travel Plans for the coming year have been set. A wide array of fun travel adventures have been planned for our SIR members, family and friends. Here are the travel opportunities for the rest of 2017 and for 2018.

New Year's in Memphis, stay at the new "Guest House" at Graceland December 29 – January 2, 2018

Southwest Adventure and Spring Training

March 5 – 11, 2018

Alaska Land and Sea Journey on Princess

August 7 - 18, 2018

For more information on any of the trips above, please contact Terry Eberhardt, SIR Branch 170 Trip Coordinator, at 530-278-3362 or teberhardt@suddenlink.net

GOLF CHAIRMAN RON WOLYN

News Flash \$\$\$ Hot off the Press!

I just came away from the SIR Area and Regional Golf Meeting and have some changes and happenings to share with fellow SIR's.

LOP #170 has had the most, the majority, of tournament wins in 2017 ...\$\$\$...Congrats gents!

In 2018, our branch will sponsor and host two tournaments...and one of those will be here, at home, LOP \$\$\$

All 2018 dates and locations have not yet been solidified, but when they are you will be notified and all will be posted to our LOP #170 SIR Web site.

Our next Tournament is at Auburn Valley on October 24th. The Final 2017 Tournament will be held at Black Oak on November 20th, which will be 18 holes of straight golf with a barbeque and extra prizes to end the year.

Ray Tschirhart and I are on our way to represent our SIR Branch and our SIR Area in the State SIR Championship, at Laguna Seca in Monterey. There is an Open Round scheduled for Monday 10/16 and the Championship round will be held on Tuesday 10/17. The format is Individual Net and it is flighted. We hope to bring home the good new\$ of our success.



BRANCH 170 OFFICERS

Big SIR Jim Goetsch 278 3205
Little SIR Bob Chan 268 8606
Secretary Hal Hawthorne 916 899 0720
Asst Sec Bob Cunningham 268 1844
Treasurer Pat Graham 268 1269
Asst Treasurer Dave Rosseau 2683652
Membership Phil Jones 268 7714
Asst Membership Randy Friesen 268 3524

BRANCH 170 DIRECTORS

Elmer Curtis 268 6626
Terry Eberhardt 278 3362
Roger Pope 268 4794
Andy Ameigeiras 278 3480
Ron Wolyn 268 2263
Jim Gunn 650 515 8517

STATE OFFICERS

President Jerry Strain
Vice President Derek Southern
Secretary Ron Flagel
Treasurer Karl Ryden
Region 9 Director Mark Stuart
Area 33 Governor Bob Hegle

COMMITTEE MEMBERS

Bulletin Editor Rich Hibbs 268 3231
Chaplain Bob Chan 268 8606
Asst Chaplain Carl Paquin 268 7761
Golf Chair Ron Wolyn 268 2263
Asst Golf Chair Chuck Mercer 268 9302
Food Roger Pope 268 4794
Clothing Glenn Delisle 268 8624
Lop News Duane Heaton 925 519 5244
Music Larry Shelley 268 8369
Sunshine Ron Trimble 268 1917
Photography Larry Shelley 268 8369
Info Tech Hal Hawthorne 916 899 0720
Bocce Co Capt Phil Jones 268 7714
Bocce Co Capt Andy Ameigeiras 278 3480
Travel Terry Eberhardt 278 3362
Wine Tasting Terry Eberhardt 278 3362
Beer Tasting Ray Tschirhart 714 392 9282

You will receive an e-mail that asks if you are attending the lunch. Please respond to that email,
There will be a salad and plated entree. This allows the chef more time to put together the most cost effective lunch for us. Saving the association (and us) money

DECLARATIONS

RESPONSIBILITY CLAUSE All tours, trips and other activities arranged for or by SONS IN RETIREMENT, INC. and its branches are for the convenience of the members and their guests who desire to participate. SONS IN RETIREMENT, INC and its branches do not assume any responsibility for the well being or safety of the participants, their guests or their property in matters pertaining to said tours, trips or other activities.