

SONS IN RETIREMENT



NEXT MEETING

APRIL 6, 2011

Volume 3 APRIL 2011

LAKE OF THE PINES BRANCH 170



BIG SIR - GLENN DELISLE

March arrived with blustery rain greeting our BEC meeting and the luncheon. Nevertheless, Lake of the Pines is always a neat place to live and thrive. We had the pleasure of **Don Dill**, governor of SIR group 33, attend our meeting and luncheon. He brought an award for **Larry Shelley** as past Big Sir. Unfortunately, Larry was in Costa Rica – and SIR would not cover Dill's travel to Costa Rica. Dill was impressed with the great atmosphere at the BEC meeting and during the luncheon. He offered insight on details of preparing the "famous" Form 27 – for which we were grateful. We are at 110 members, except only 65 joined the luncheon.

Two men carry news of our happenings to members and nonmembers: **Rich Hibbs**, assembles this newsletter monthly; and, **Doug Wilson**, writes the monthly column for LOP News. They are among the unpublicized men that keep our "club" going all year and seldom receive appreciation. So, here is a "thank you" to both guys.

Our corned beef and cabbage lunch reminded me, and I notified the BEC, that the price of our luncheon of \$!2, is headed for an increase this fall. There will be a trial "sandwich type" lunch this fall (\$12) to learn if our membership would OK that in the future, or prefer to go to \$15 for continuation of our present luncheons. We'll keep everyone on board on this and insure we get a proper vote. There may be some variations of this concept.

The Nominating Committee met after lunch to set interview ideas for officers for 2012. Some officers may volunteer to serve another year, and there are many members who have yet to serve on SIR operations. The committee is making an effort to bring a class act of candidates for membership vote this fall.

Nine SIR celebrated birthdays in March, and **Phil Frank** won their specific drawing for a free lunch next month. **George Thorsen** won the free meal for April in the drawing from all present at the luncheon.

Mel Pimentel, last year's Little Sir, filled in for Little Sir **Roger Pope** who had to miss our meeting. Mel should receive some kind of award for his rapid fire humor before and after introducing our guest speaker, **Michael Beaman**. Mr. Beaman is president of Safe Inheritance Corporation in Roseville. His company helps seniors find benefits for long term care coverage. Surveys find 93 percent of seniors have no plan for long term care. The message demonstrated the convoluted, complex system in California. Anyone in a quandary on the subject may find Mr. Beaman's corporation helpful.

I look forward to three items in April: First is our SIR meeting April 6; Second is my 80th birthday; and, Third is a 17-day trip to visit family in Raleigh and Savannah, plus a six-day fly-fishing trip for bonefish in the Bahamas. I may be a bit ragged at our May meeting! BRING A GUEST TO LUNCH GUYS.



HEALTH CHAIRMAN STEVE PARKS

I am happy to report that Neil Weaver is finally improving and may even make it to our next SIRS meeting in April.

Larry Achen has been having a long battle with metastatic prostate cancer for years. He is always like the energizer bunny – he is very cheerful and optimistic after all he has been through. He is undergoing an exciting new treatment with the first licensed cancer vaccine called Provenge. Basically they draw his blood and isolate the white blood cells and modify them to attack a PSA like protein which is on the prostate cancer cell.

This may be the first "magic bullet" which unlike chemo and radiation attacks only the cancer cell.

New member Larry Hardy with Phil Jones





LITTLE SIR - ROGER POPE

I understand that Michael Beaman was an informative speaker in March. I know that Rich Dettmer, our Regional Director, highly recommends him from his own personal experience. I hope that

you all enjoyed the presentation. I'm sorry that I missed the meeting. I want to thank Mel Pimentel, last year's Little Sir, for filling in for me.

The speaker for April is Bob Ferber from the Auburn area. Bob is a frequent traveler to South Africa. He is an avid photographer and pilot. He will be making a presentation describing his flying to small outlying game camps and showing photographs of wildlife that he has taken including a herd of 200 elephants. I expect his talk to be very interesting.



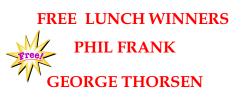
March speaker Michael Beaman

A S

APRIL MENU

Ham Steak and Scalloped Potatoes

COFFEE AND DESSERT VEGETARIAN MEAL OFFERED ASK YOUR PHONE REP

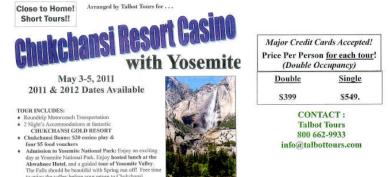


MEMBERSHIP - PHIL JONES

The active membership of SIR Branch 170 as of the upcoming April meeting is 110 with an additional 26 names on the inactive list. This active membership number should remain constant unless prospective members attending future meetings commit to join SIR. One of the incentives for prospective members to join our Branch is that everyone at the luncheons always appear to be enjoying themselves. Due to the demographics of Lake of the Pines it is expected the active membership should remain around 110 (plus or minus 10) as it has for several years.

During the April luncheon new member Ron Bomhoff will be introduced and welcomed to the SIR's.

TRAVEL - HAL WALLACE





<u>APRIL BIRTHDAYS</u> Rodger Davis Bill Martin

Glenn Delisle Dick Dement Lynden Laird Gene Myers

Steve Michalak Steve Parks Jim Wilkinson

GOLF : WOODY COWLES BIG SIR GLENN DELISLE 268 8624 LITTLE SIR ROGER POPE 268 4794	The 2011 SIR Golf Schedule is posted on the bulletin b Sports Lounge, on our SIR web page at <u>lop.org</u> , and at <u>http://branch170.sirinc.org/Index.html</u> . Our 1st tournament of the year on April 27th is at Lak and the cost is \$45. Please bring your CHECK, made of luncheon on April 6th, or leave it in the SIRS Box in the	a on our SIR BRANCH 170 Web Site we Wildwood! It's a 1:00 PM Shotgun but to BRANCH 124 SIRS GOLF, to the
LITTLE SIK ROGER POPE 268 4794 SECRETARY BART NYHAN 268 4756 ASST SEC LYNDEN LAIRD 268 2622 TREASURER DON JENKINS 268 0951 ASST TREAS JOHN BREWER 268 8826 MEMBERSHIP PHIL JONES 268 7714 BRANCH 170 DIRECTORS	done by April! HONORARY LIFETIME MEMBER STEVE MICHALAK	NEW SIR WEBSITE Checkout the new SIR website by going to the LOP/SIR website and following the prompts.
LARRY SHELLEY 268 8369 JIM WILKINSON 268 6695 STEVE PARKS 268 3572 AL CASH 268 6717 BOB ROUSE 268 3706 DON MILLER 268 9520	JOHN BREWER BRANCH 170 PAST BIG SIRS ART LAFONTAINE 1994 DEL PRICE 1995	BRANCH 170 COMMITTEE MEMBERSBULLETIN EDITORRICH HIBBS268 3231CHAPLAINELMER CURTIS268 6626GOLF CHAIR.WOODY COWLES268 3624ASST GOLF CHAIR.LARRY SHELLEY268 8826CLOTHINGCLOTHINGComparison
STATE OFFICERSPRESIDENTROBERT MANNELLVICE PRESIDENTJAMES STEDMANSECRETARYECKART SELLINGERTREASURERADOLPH LOPEZREGION 9 DIRECTORRICHARD DETMERAREA 33 GOVERNORDONALD DILL	GENE TOPPER1996, 1997CLARENCE ROGERS1998JOHN O'HALLORAN1999, 2000TOM ANDERSON2001JOHN BREWER2002KEITH PLATT2003RON TRIMBLE2004STEVE MICHALAK2005DON MILLER2006, 2007JIM WILKINSON2008PHIL JONES2009LARRY SHELLEY2010	LOP NEWSDOUG WILSON268 9683MUSIC CHAIR.VERNE BAGBY268 3405HEALTHSTEVE PARKS268 3572PHOTOGRAPERDALE ZINCK268 2538TRAVEL CHAIR.HAL WALLACE613 1035CH7/PINES TIMESJOHN O'HALLORAN 268 0402PIANOLARRY ELLIOT268 1891INFO TECHGARY RESNICK(916) 765 5013

RESPONSIBILITY CLAUSE All tours, trips and other activities arranged for or by SONS IN RETIREMENT, INC. and its branches are for the convenience of the members and their guests who desire to participate. SONS IN RETIREMENT, INC and its branches do not assume any responsibility for the well being or safety of the participants, their guests or their property in matters pertaining to said tours, trips or other activities.

TRAVEL EVENTS of four or more nights and ALL air and sea travel must be arranged through a travel agency and checks for such events must be mage payable to the travel agency involved.

<u>REGULAR MEMBERS</u> missing three consecutive meetings without notifying their Attendance Committee Chairman giving a valid reason for not attending, or attending fewer than six meetings within the past twelve months may be notified by form letter Number Four of their membership termination. Certification of attendance at a meeting of another branch will be considered as a credit to their attendance record.

Access to the SIR State website is www.sirinc.org . Click on SIR HAPPENINGS to learn more about what is "happening" in your organization.

