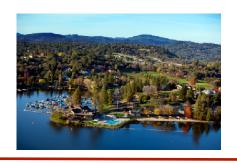


SONS IN RETIREMENT LAKE OF THE PINES BRANCH 170



VOLUME 1
JANUARY 2018



NEXT MEETING FEB 7, 2018

BIG SIR BOB CHAN

Greetings. I trust you all had a Blessed Christmas with your loved ones and a sober, but Happy New Year.

Branch Membership is at an all time high and our BEC and you should be congratulated for this. However, we should not rest on our past laurels as our records in 2017 indicate we had 18 new members, but we lost 12 members from attrition (deaths, moved from LOP, etc.). My goal for us is to maintain our growth by adding one new member per month to our current total of 155 members. This is possible by you inviting a non-member friend, a new neighbor, or a new member of your golf foursome as your guest at our monthly luncheons and getting him interested in becoming a member. My other goal this year is to increase our luncheon attendance to 70%, the State recommended minimum attendance. Currently, we are averaging just a little short of 60% (59.6 %). Let's each of us make a commitment, or that New Year resolution, that you will attend every luncheon this year. Roger Pope, our food chair, has done an outstanding job in keeping our luncheon cost at \$16. He is committed to negotiating with F&B for the best meal possible for that price. Andy Ameigeiras, our little SIR, has been charged to secure speakers who are interesting, informative and entertaining. If you have anyone in mind that you would like to hear speak, please contact Andy and he will contact that person for us.



I hope you are reading our monthly Branch SIR bulletin found on our website. OR, go to the LOP site and click on "clubs". You will find messages from Big SIR and Little SIR, as well as listings of our activities and events, committee chairpersons, Board directors and other valuable information. **Rich Hibbs** has done an excellent job in getting the bulletin together with the assistance of our info tech and webmaster, **Hal Hawthorne**. **Duane Heaton** keeps the LOP community informed of what SIR is all about in his article for LOP News. He does an awesome job.

Lastly, I am committed to carrying out the mission of Sons in Retirement: "to improve the lives of our members through fun activities and events while creating friends for life." Let's do this together and make 2018 the best year ever. Again, thank you for electing me as your Big SIR. I am looking forward to seeing you at our next luncheon on February 7. Until then, stay well.

HONORARY LIFETIME
MEMBERS

STEVE MICHALAK JOHN BREWER LARRY SHELLEY SUPER SENIOR SIR BILL HAGIN SENIOR SIR MEMBERS
BILL SWENSON
DON BARNETT CHUCK MERCER

PHIL FRANK ART KUSNICK

LITTLE SIR ANDY AMEIGEIRAS



Greetings. We had a great meeting on January 3rd. We are preparing for the next meeting. It will be held on February 7th.. The guest speaker will be Forrest Hurd. He is a patient advocate for Medical Marijuana. His presentation will cover the benefits of Medical Marijuana for patients who are not benefitting from conventional medications. He will also present on some ways consumers can avoid being taken advantage off.

For March our speaker will be Donna Brown. She will give us an overview of Hospice Care.

Hope to see all of you at the meeting.

FEBRUARY BIRTHDAYS



A J Affleck

Gordon Boyer

Al Gustavson

Dan Haut

Mark Hicks

Phil Jones

William Nordstrom

Clarke Phillips

Robert Reeder

Steve Rosenblum

Dave Rosseau

Gary Wilhite

MEMBERSHIP RANDY FRIESEN



MEMBERS 157

NEW MEMBERS
1

INACTIVE MEMBERS

5

FREE LUNCH WINNERS FOR FEBRUARY

AL CASH

BILL TUDOR

FREE BOTTLE OF WINE WINNERS

CARL PAQUIN

JIM PLUMLEY

DON BARNETT



Andy Ameigeiras with guest speaker Philip Carville

Bob Chan, Phjl Jones and new member Dennis Milar





2017 Big SIR Jim Goetsch with Area 33 Governor Bob Hegle

TRAVEL OPPORTUNITIES TERRY EBERHARDT



Southwest Adventure & Spring Training!

MARCH 5-11, 2018

MARCH 5 ↔ HOME CITY TO PHOENIX ↔ Cet ready for your Southwest Adventure!
First stop is the Desen Bottenies Gardens, Enjoy luner on your own before joining your occers on the Certain's main trail and learn the unique characteristics of desent shorts from around the world Adherwards trevel to Soutsdale to check in to your hotel and enjoy your hotelad welcome climer. (D)

MARCH 6 ← SCOTTSCALE; TALLESIN MEST & SPRING TRAINING ← Following breakfast enjoy a guided four of Tallesin Yeart, Frank Livyt Wrights winter home. Toda it is the main campus of this School of Architecture. Bulget the game time you'd longly the selference at the park for your trist Sunger Terring Caren. Cinner will be on your own in Old Town with a variety of options to choose from (B)

MARCH 7 ← SPRING TRAINING ← After breakfast enjoy some free time before you head out of the bank for your second Spring Training Geme. This evening enjoy dinner head out of the bank for your second (on own) at a local restaurant. (B)

MARCH 8 9-SCOTTSDALE TO SECONA 40. on your Professional Trust Manager for the next four days Curl first stop is at Monitarums Castle Nistrea Moniment. at 1,000 year-old story of the regionally and survival in a uniforgying desert leadinged. Lurch is only your over in Section 3 Section is distinguished by it is many section and cultural first literature. Throughout the Rec Rock Country, Next we visit the relation copyer from politics. Throughout the Rec Rock Country. Next we visit the relation copyer from the lower of Jeroma before recurring to Sections for three rights. Enjoy your resided dinner. [8, 0]

MARCH 9 ← GRAND CANYON & CAK CREEK CANYON ← Arizona's famous Cak Creek mean des through scenic canyon, creating a diverse ribanian habitat abounding with plants and wifelire. Once you arrive at Grand Canyon South Rim you will be treated to the Imax movie "Hidden Secrets". Mather Point is one of the first canyon overlocks that wasters coming into the park through the south entrance will encounter. Enjoy a hosted bunch and free time to visit the south rim before returning to Sedona for your evening on your own. $\{\theta,L\}$

would not use the MARCH 100 PMLK JEEP TOUR "BROKEN ARROW" Or lodely's adventure you will note in the back of a custom-built Jeep® Wrangler as your driver and guide takes you off-cacing into the Sedone Desert and the Mogolo the finit or preside ed weeks of the Sedone velley work and and surrounding monitaries. Into the preside left weeks of the your visit to the notedible Chapel of the Holly Cross, a Catholic chapel that aposess so noted the surrounding red notes. Return to your visit note in receive the chapel of the Holly Cross, a Catholic chapel that aposess so noted the surrounding red notes. Return to your Sedone Hotel for your last night and a noseled tarewell dinner. (B, D)

MARCH 11 ← SEDONA TO HOME ← Following breakfast you'll transfer to the Phoenix. Amount for your tight: (B)



Desert Botan cal Gardens

- Desert Botan col Cardens
 Two Spring Training Games
 Frank Lloyd Wright's
 Tallesin West
 Montesuma's Castle
 Lerome Copper Mining tour
 Cak Creek Canyon
 Chapel of the Holy Cross
 First Lerom You

- Pink Jeep Broken Arrow Tour Imax* film: "Grand Canyon, The Hidden Secrets
- Grand Canyon National Fark, South Rim vista stop

Tour Inclusions:

- Home Pick Up Airport Transfe Roundtrip Airfare to Phoenix 6 Nights Accommodations: 3 in Scottsdale & 3 in Secona
- Professional Guide in Sedona 10 Meals: 6 Breakfasts, 1 Lun
- All taxes and gratuities

Price per person

Double \$2640 Single \$3595

CONTACT : Terry Eberhardt (530) 278-3362 (aberhardt@suddenlink.net

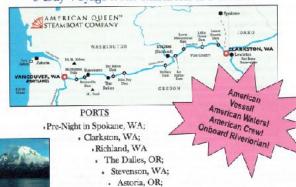
Tafbot Tours (800) 662-9933





American Empress! May 20 - 28, 2018

9 Day Voyage from Clarkston to Portland



· Portland, OR

Arranged for SIR Auburn & Lake of the Pines Members, Friends & Guests!

THE GRAND HOTE

October 12 - 19, 2018

Scenic drives, museums, The Grand Hotel on

Niagara Falls &



Arranged for SIR Auburn & Lake of the Pines Members, Friends & Guestsl

Princess Cruise Line laska Land & Sea Journey

August 7-18, 2018

5-DAY LAND

1 Nights Fairbanks 2 Nights Denali

National Park







Talbot







BRANCH 170 OFFICERS

Big Sir Bob Chan 268 8606 Little Sir Andy Ameigeiras 278 3480 Secretary Bob Cunningham 268 1844 Asst Sec Robin Friesen 209 373 6954 Treasurer Allen Bolen 269 7782 Asst Treasurer George Siffri 488 4033 Membership Randy Friesen 268 3524 Asst Membership Phil Jones 268 7714

BRANCH 170 DIRECTORS

Charlie Sundblom 209 640 0203 Terry Eberhardt 278 3362 Duane Heaton 925 519 5244 Jim Gunn 650 515 8517 Dennis Camarlinghi 404 434 6993

COMMITTEE MEMBERS

Bulletin Editor Rich Hibbs 268 3231 Bulletin Proof Reader John Brewer 268 8826 Chaplain Bob Chan 268 8606 Asst Chaplain Carl Paquin 268 7761 Golf Chair Ron Wolvn 268 2263 Asst Golf Chair Chuck Mercer 268 9302 Food Roger Pope 268 4794 Clothing Glenn Delisle 268 8624 Lop News Duane Heaton 925 519 5244 Music Larry Shelley 268 8369 Sunshine Ron Trimble 268 1917 Photography Larry Shelley 268 8369 Info Tech Hal Hawthorne 916 899 0720 Bocce Co Capt Phil Jones 268 7714 Bocce Co Capt Andy Ameigeiras 278 3480 Travel Terry Eberhardt 278 3362 Wine Tasting Terry Eberhardt 278 3362 Beer Tasting Ray Tschirhart 714 392 9282

STATE OFFICERS

President Ed Benson
Region 1 Director Mark Stuart
Area 2 Director Don Dill

LUNCHEON NOTIFICATION

You will receive an e-mail that asks if you are attending the lunch. Please respond to that email

There will be a salad and plated entree.

This allows the chef more time to put together the most cost effective lunch for us. Saving the association (and us) money

DECLARATIONS

RESPONSIBILITY CLAUSE All tours, trips and other activities arranged for or by SONS IN RETIREMENT, INC. and its branches are for the convenience of the members and their guests who desire to participate. SONS IN RETIREMENT, INC and its branches do not assume any responsibility for the well being or safety of the participants, their guests or their property in matters pertaining to said tours, trips or other activities.